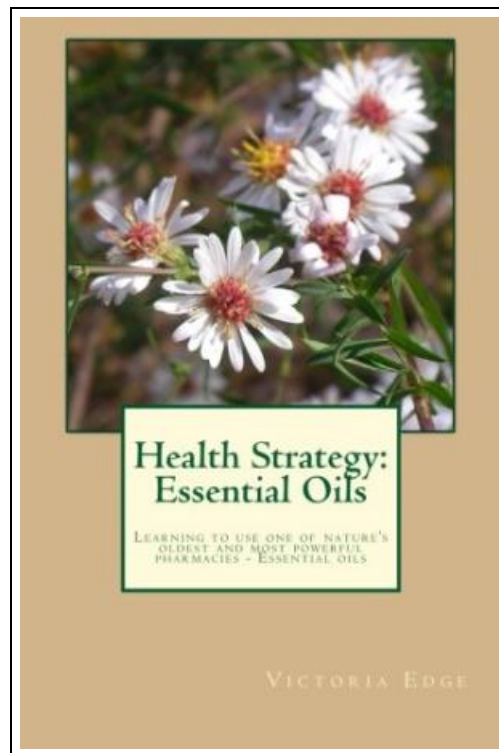


Health Strategy: Essential Oils: Learning to use one of natures oldest and most powerful pharmacies - essential oils



Filesize: 3.56 MB

Reviews

Good e-book and helpful one. It can be written in basic phrases rather than confusing. I realized this ebook from my i and dad recommended this book to find out.

(Ozella Batz)

HEALTH STRATEGY: ESSENTIAL OILS: LEARNING TO USE ONE OF NATURES OLDEST AND MOST POWERFUL PHARMACIES - ESSENTIAL OILS



CreateSpace. Paperback. Condition: New. This item is printed on demand. 72 pages. Dimensions: 8.0in. x 5.2in. x 0.2in. Health Strategy: Essential Oils is an easy to use recipe book in a convenient, easy to read format! Finally, everyone can enjoy the amazing power of using natural botanicals to heal, clean and treat common everyday complaints. Here you will find essential oil blending tips, how-to-use ideas, and great simple ideas on how to apply or administer your newly created oil blends. But most important, we have provided easy to find, easy to follow recipes for addressing viral and bacterial infection like STREP and MRSA, headaches, diaper rash, sleeplessness, menstrual cramps, teenage hormones, and even recipes for massage and relaxing baths. There is a special section with ideas, safety tips and recipes for using essential oils for babies and children. Check out the Sleepy Time recipe, no parent should be without it! Use these recipes for yourself, and your family, or make them and give them as gifts! But most of all, enjoy, have fun and try what you like and experiment with new ideas. Nature has provided us with a bounty of natural defenses, isnt it time we put down the chemicals and return to a safer, more natural way of treating the bumps and bruises and illnesses in our lives This item ships from La Vergne,TN. Paperback.



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