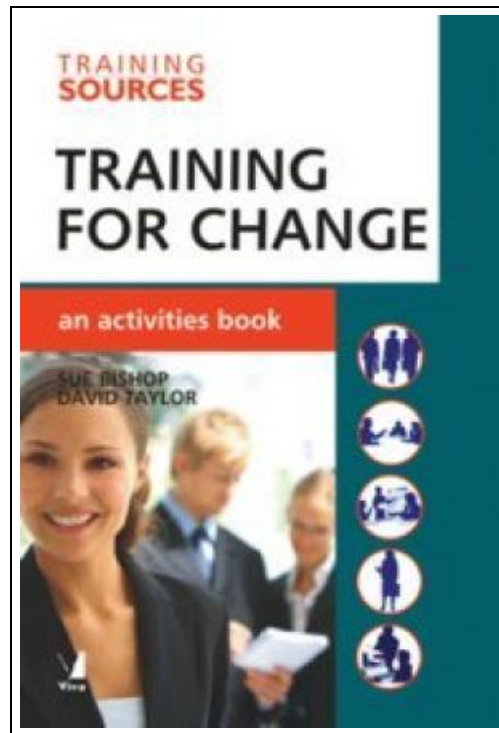


## Training For Change (Series: Training Sources)



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Kogan Page Limited/Viva Books, 2009. Softcover. Book Condition: New. First edition. It contains 50 activities designed to give participants practice in the skills required to introduce or promote aspects of change at work. Each flexible and self-standing activity can be easily incorporated into any training session focusing in full or in part on change management. The activities include simulations, role plays, games, group activities and questionnaires and range from simple and light-hearted 15-minute events to more complex and lengthy activities of up to three hours. They are designed explicitly to encourage participants to draw on, and value, their own real-life experience and they suggest practical ways of promoting reflection on how to apply the learning back at work. Grouped into the following sections the activities cover a wide range of both functional and attitudinal aspects of change management ? Openers, in-betweens and closers ? Managing the process of change ? Helping others to manage change ? Helping oneself to manage change The authors provide clear direction on the aims, timing and resources needed, and offer detailed, step-up-step guidance on how to run activity, with many helpful suggestions on how to process each step so that maximum learning takes place. This valuable resource will be an asset to all in-house trainers, consultants, occasional trainers and managers responsible for the training function. Contents: Section 1: Openers, in-betweens and closers: Changes ? Chase me ? Cogs, fats and dish ? Get knotted! ? Group laugh ? Impressions ? Metamorphosis ? PUNchlines ? Quick fire ? Sit in a circle ? Treats ? Section 2: Managing the process of Change: Barriers to equality ? But we've always done it this way ? Coblocks ? Crossing the line ? Cynic?s guide to change ? Handling redundancy ? How am I doing? ? Learn to love it...



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