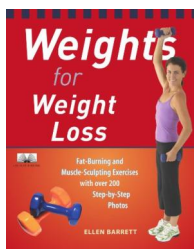


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Book Review

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(Cale Hansen Sr.)

WEIGHTS FOR WEIGHT LOSS: FAT-BURNING AND MUSCLE-SCULPTING EXERCISES WITH OVER 200 STEP-BY-STEP PHOTOS

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