



## Affirmations on Demand: 1000 Affirmations to Change Your Mindset and Change Your Life

By Jessica Leichtweisz, Dr Aikyna Finch

Changing Minds Online, LLC, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Affirmations are a powerful way to quickly change your life by changing the way that you think about yourself. Working on our mindset is an every day and never ending process. It is often said that if we are not growing, we are dying. At Changing Minds Online, we believe in committing time daily to shifting our mindset to one of abundance. You can use this book to pinpoint specific areas of your mindset that require attention and reprogram them to abundant and rewarding beliefs. Simply, choose an area that requires attention, open the page to that section and read the affirmations out loud. Doing so literally and immediately will change your neurology. You will instantly begin to change your mindset and your vibrational energy will become a powerful attractor to whatever it is that you want. Do this daily and watch as your life begins to change right before your eyes. You can be, do and have whatever you want IF your mindset is aligned with what you want. Using this book daily will...



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