



Molecules of Emotion: Why You Feel the Way You Do (New edition)

By Candace Pert, Deepak Chopra

Simon & Schuster. Paperback. Book Condition: new. BRAND NEW, Molecules of Emotion: Why You Feel the Way You Do (New edition), Candace Pert, Deepak Chopra, Why do we feel the way we feel? How do our thoughts and emotions affect our health? Are our bodies and minds distinct from each other or do they function together as part of an interconnected system? In MOLECULES OF EMOTION, neuroscientist Candace Pert provides startling and decisive answers to these long-debated questions, establishing the biomolecular basis for our emotions and explaining these new scientific developments in a clear and accessible way. Her pioneering research on how the chemicals inside us form a dynamic information network, linking mind and body, is not only provocative, it is revolutionary. In her groundbreaking book, Candace Pert offers a new scientific understanding of the power of our minds and our feelings to affect our health and well-being.

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