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## RUNNING MAN: A MEMOIR (HARDBACK)



Scribner Book Company, 2016. Hardback. Condition: New. Language: English. Brand New Book. A compulsively readable, remarkably candid memoir from world class ultra-marathon runner Charlie Engle chronicling his globe-spanning races, his record-breaking run across the Sahara Desert, and how running helped him overcome drug addiction and an unjust stint in federal prison. After a decade-long addiction to crack cocaine and alcohol, Charlie Engle hit bottom with a near-fatal six-day binge that ended in a hail of bullets. As Engle got sober,...

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- Authored by CHARLIE ENGLE
- Released at 2016



Filesize: 9.32 MB

### Reviews

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