



## Writing Open the Mind: Tapping the Subconscious to Free the Writing and the Writer (Paperback)

By Andy Couturier

Ulysses Press, United States, 2005. Paperback. Condition: New. Language: English . Brand New Book. With Writing Open the Mind you can inject a sense of playfulness and possibility into your writing! Powerful writing comes naturally when your mind is energized and experimental, when it can take risks and follow the unexpected. Use the techniques in this book to jump-start your creativity, learn new tricks and expand your writing repertoire.\* Use the surrealist technique of automatic writing; \* Play with archetypal imagery from the Tarot;\* Learn from the resonances of the body;\* Write in diverse voices and styles;\* Connect with the luminous natural world;\* Scramble word sequences to break the habit of making sense in a linear way. This rollicking guide opens dozens of gateways to the subconscious world. Whether you are writing for publication or for personal pleasure, the practical tools and liberating philosophy found in this book will release the genius of the intuitive mind.

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