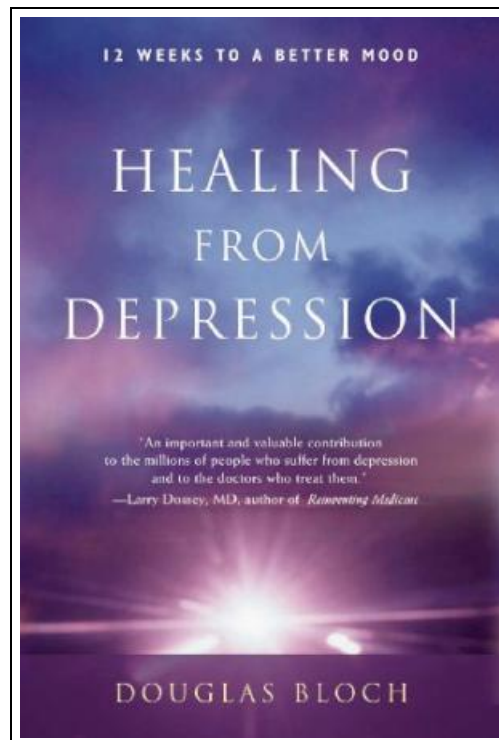


## Healing from Depression: 12 Weeks to a Better Mood: A Body, Mind, and Spirit Recovery Program



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