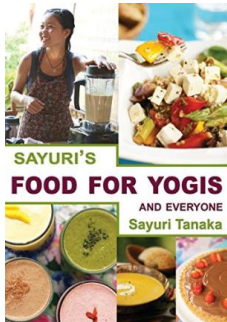


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## SAYURI'S FOOD FOR YOGIS AND EVERYONE (PAPERBACK)



Seeds of Life, 2015. Paperback. Condition: New. Language: English. Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Vegan raw food chef Sayuri Tanaka offers the experience of what it's really like to nourish your body and heart through her food. Being a yoga practitioner herself, she has been preparing food for thousands of yogis for many years and has finally put it all together. You'll enjoy the recipes that have world-wide reputations, such as Thai pumpkin coconut soup,...

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