



## Discovering My Autism: Apologia Pro Vita Sua (With Apologies to Cardinal Newman) (Paperback)

By Edgar Schneider

JESSICA KINGSLEY PUBLISHERS, United Kingdom, 1999. Paperback. Condition: New. Language: English . Brand New Book. In 1978, under immense pressure at work, Edgar Schneider suffered a nervous breakdown. After convalescing, he returned to work, but within a few months he was again suffering from problems involving short-term memory and concentration. He was described as eccentric, tangential, illogical and hallucinatory; and misdiagnosed as schizophrenic. Sixteen years later, the chance reading of an article on autistic savants alerted Schneider to the possibility that he had been misdiagnosed. This proved to be the case: he is believed to be a high-functioning autistic, with attention deficit disorder (ADD). Suddenly, many apparently paradoxical or inexplicable elements of Schneider's life made sense. He calls the discovery of his autism liberating. Schneider attributes his autism to brain damage caused by infectious diseases in early childhood. In *Discovering My Autism*, he reflects on his experiences and his memories of his childhood and teenage years as a clever and artistic loner. He explains how in order to experience emotions such as grief, sympathy or desire, he must intellectualise or aestheticise them. Dispassionately, he examines his difficulties with relationships, his high pain threshold, his lack of concentration and his...



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