



## Overcoming Addictions: Your Road to Success (Paperback)

By Anthony Ekanem

Createspace Independent Publishing Platform, United States, 2017. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. When you are suffering from an addiction, it can feel like your entire life is out of control and you have no power to stop yourself from using again and again. When you are addicted to something, it can also feel like you re completely alone and have nowhere to turn. These are all common mindsets for someone who has an addiction to any substance, whether that is food, cigarettes or other tobacco products, alcohol, prescription or illegal drugs and even sex. But neither are you alone in your addiction nor do you have to be a slave to addiction for the rest of your life. That s exactly why this book exists.



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