

Living Skills: Practical Guidance

Filesize: 2.97 MB

## Reviews

This pdf is very gripping and fascinating. We have read and that i am certain that i am going to going to read once more again in the future. Once you begin to read the book, it is extremely difficult to leave it before concluding. (Burnice Cronin)

## LIVING SKILLS: PRACTICAL GUIDANCE



Hazelden Information Educational Services, United States, 2016. Digital. Condition: New. Language: N/A. Brand New Book. This unique program provides integrated, diagnosis-specific treatment to help clients manage the day-to-day challenges of life. Each topic includes a four-session facilitator guide, reproducible client handouts and workbook. Videos show skills in action.Understanding and practising the skills needed for daily living are tremendously important, especially in today s economic climate, so Hazelden Publishing have updated their classic Living Skills program - it has been totally redesigned, revised, and expanded to better meet the needs of today s diverse client populations. Living Skills is divided into two unique components: Practical Guidance and Personal Growth. Practical Guidance provides information on the day-to-day external skills needed to live a healthy life. Topics covered include:Hygiene and self-care.Sexual health.Looking for work.Education.Managing money.Securing housing.It is provided on a CD-ROM and two DVDs. Each topic includes a four-session facilitator guide, reproducible client handouts and workbook. Videos show each skill in action. Ideal for treatment, mental health, criminal justice and a wide variety of other settings, this program provides all the tools necessary to help clients live healthy, fulfilling lives.

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