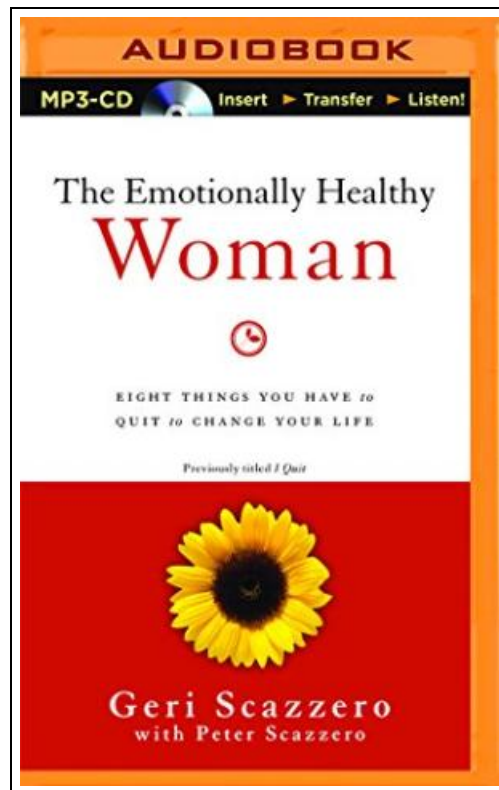


The Emotionally Healthy Woman: Eight Things You Have to Quit to Change Your Life



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THE EMOTIONALLY HEALTHY WOMAN: EIGHT THINGS YOU HAVE TO QUIT TO CHANGE YOUR LIFE



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Zondervan on Brilliance Audio, 2015. CD-Audio. Condition: New. Unabridged. Language: English . Brand New. When Geri Scazzero left the thriving church her husband pastored, she experienced a new beginning that radically transformed her marriage and career. She quit being afraid of what others thought about her. She quit lying. She quit denying her anger and sadness. And in quitting, she found joy and power. Scazzero shows women that when they quit eight things that are damaging to their souls, they are freed to embrace their own unique, God-given life. As Scazzero writes, When you quit for the right reasons, at the right time, and in the right way, you re on the path not only to emotional health, but also to the true purpose of your life. The latest in the Emotionally Healthy series by Geri and Peter Scazzero, The Emotionally Healthy Woman is written for women who are fed up with must do s and must have s and long for more peace, more simplicity, and new choices that bring emotional wholeness.



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