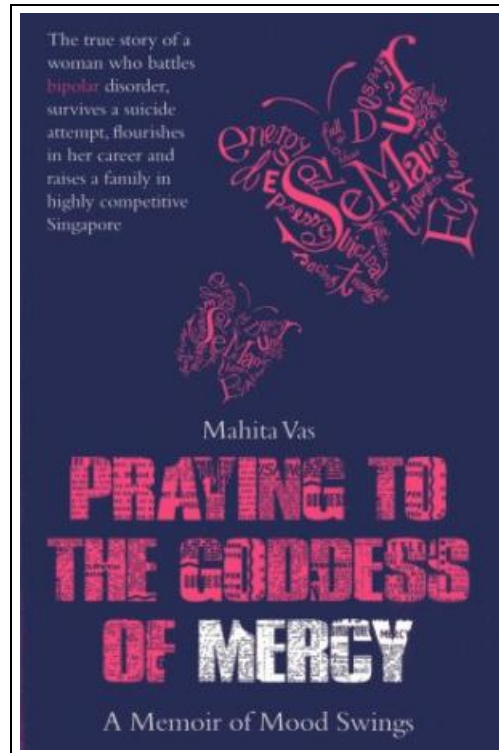


Praying to the Goddess of Mercy: A Memoir of Mood Swings



Filesize: 9.04 MB

Reviews

Without doubt, this is the very best operate by any writer. This is for all those who statte that there was not a well worth reading through. I discovered this pdf from my dad and i suggested this book to find out.
(Dominique Huel)

PRAYING TO THE GODDESS OF MERCY: A MEMOIR OF MOOD SWINGS

[DOWNLOAD](#)

Monsoon Books. Paperback. Book Condition: new. BRAND NEW, Praying to the Goddess of Mercy: A Memoir of Mood Swings, Mahita Vas, When Mahita was 15, her teacher at Catholic school in Singapore said she could see the devil in her eyes. While growing up, then raising a family of her own, she constantly fought to understand and control this 'devil' inside her. Born to Indian parents in Singapore and raised by a Chinese amah, Mahita Vas struggled to fit into a conservative society where exuberance is frowned upon and conformity is a tradition. She spent a significant part of life feeling different, being different. Throughout her career with Singapore Airlines, then as an advertising industry executive, she led a volatile life - sometimes blissfully and enviably contented, at other times wishing she was dead. Mahita enjoyed the roller-coaster world of advertising - an industry offering the perfect camouflage for psychosis - but after leaving it for a more stable environment she began to suspect the wild ride was in her head and the roller coaster would follow her everywhere. No one, least of all Mahita, suspected she was mentally ill - until the day her sister suggested she had 'inherited Daddy's illness'. This epiphanic revelation led to a bipolar disorder diagnosis at age 41, followed by a suicide attempt where she narrowly escaped death. Praying to the Goddess of Mercy charts Mahita's journey from chaos to stability. It offers insights into an illness for which there is no known cause, no cure and no immunity. It will inspire and enlighten people with mental disorders and the loved ones who suffer with them. Ultimately, it is about being true to oneself and having the courage to take charge in the pursuit of happiness.

[Read Praying to the Goddess of Mercy: A Memoir of Mood Swings Online](#)[Download PDF Praying to the Goddess of Mercy: A Memoir of Mood Swings](#)

Other PDFs



Bully, the Bullied, and the Not-So Innocent Bystander: From Preschool to High School and Beyond: Breaking the Cycle of Violence and Creating More Deeply Caring Communities

HarperCollins Publishers Inc, United States, 2016. Paperback. Book Condition: New. Reprint. 203 x 135 mm. Language: English . Brand New Book. An international bestseller, Barbara Coloroso s groundbreaking and trusted guide on bullying-including cyberbullying-arms parents...

[Download PDF »](#)



The Well-Trained Mind: A Guide to Classical Education at Home (Hardback)

WW Norton Co, United States, 2016. Hardback. Book Condition: New. 4th Revised edition. 244 x 165 mm. Language: English . Brand New Book. The Well-Trained Mind will instruct you, step by step, on how to...

[Download PDF »](#)



History of the Town of Sutton Massachusetts from 1704 to 1876

Createspace, United States, 2015. Paperback. Book Condition: New. annotated edition. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.This version of the History of the Town of Sutton Massachusetts...

[Download PDF »](#)



Kindergarten Culture in the Family and Kindergarten; A Complete Sketch of Froebel s System of Early Education, Adapted to American Institutions. for the Use of Mothers and Teachers

Rarebooksclub.com, United States, 2012. Paperback. Book Condition: New. 246 x 189 mm. Language: English . Brand New Book ***** Print on Demand *****.This historic book may have numerous typos and missing text. Purchasers can download...

[Download PDF »](#)



From Kristallnacht to Israel: A Holocaust Survivor s Journey

Dog Ear Publishing, United States, 2009. Paperback. Book Condition: New. 226 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.In the 1930s, as evil begins to envelope Europe, Karl Rothstein...

[Download PDF »](#)