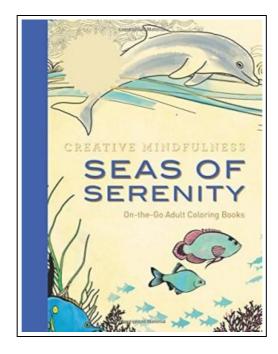
## Creative Mindfulness: Seas of Serenity: On-the-Go Adult Coloring Books



Filesize: 8 MB

### Reviews

Very good e-book and valuable one. It can be writter in basic words and phrases and not confusing. You will not really feel monotony at whenever you want of your own time (that's what catalogues are for concerning should you check with me).

(Mr. Antwon Frami)

#### CREATIVE MINDFULNESS: SEAS OF SERENITY: ON-THE-GO ADULT COLORING BOOKS



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Perseus Distribution Services, United Kingdom, 2016. Paperback. Book Condition: New. 171 x 130 mm. Language: English . Brand New Book. The crashing sound of waves on the shore, shells beneath your feet, a variety of sea life skimming through the deep blue. Creative Mindfulness: Seas of Serenity brings you calming, travel-sized outlines of sea and beach scenes to help you de-stress virtually anywhere. Whether youre at home or on your morning commute, youll be able to color an array of intricate ocean animals and creative coastal designs. Adult coloring provides an artistic outlet for stress that aids in alleviating everyday pressuresmany of which occur while were active and not in the comfort of our homes. However, many books are often restricted to oversized pages that require a large surface to color. These twenty-four black-and-white illustrations are travel-sized, making it simple and convenient to color when youre on the go. The pages are perforated and printed on one side, so each design can be removed to share or display. Additionally, the book is printed on a sturdy art stock that accommodates any coloring mediumwhether its markers, crayons, colored pencils, or pens. This book features: Twenty-four original black-and-white designs for your coloring pleasure on single-sided perforated pages High-quality, sturdy paper that can withstand travel and wear-and-tear Perfectly sized illustrations to fit in pockets and bags If youre looking to venture into the adult coloring experience, youll have no trouble getting your sea legs withCreative Mindfulness: Seas of Serenity. Whether you are an artist looking to improve your craft, someone seeking a way to find inner peace, or simply want to give the gift of coloring, this travel-sized book is a must-have that will transport you to paradise. Its guaranteed to provide hours of creative relaxation. So dive in and prepare to be completely...



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