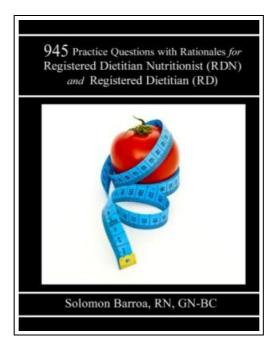
## 945 Practice Questions with Rationale for Registered Dietitian Nutritionist (Rdn) and Registered Dietitian (Rd) (Paperback)



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1. A client who went to a buffet consumed 50 grams of carbohydrates 20 grams of protein, 30 grams of fat, and 2 grams of alcohol. What is the total caloric intake of this client? (a. 640 b. 520 c. 620 d. 564) 2. Caloric intake recommendation is essential for clients who want to stay fit and healthy. Which of the following is best caloric intake for a 30 to 35 year old woman who walks 3 km daily and performs light household chores? (a. 3, 200 kcal b. 1, 8090 kcal c. 4,000 kcal d. 2, 500 kcal) 3. Hormones play a role in fat digestion. Which of the following initiates a series of reaction that will lead to fat breakdown? (a. bradykinin b. cholestokinin c. amylase d. pancrease)...

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