



Gratitude Journal for Adults: Inspirational Quote Large Print and One Minute Gratitude Journal (Paperback)

By Maya Millholland

Createspace Independent Publishing Platform, 2018. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Gratitude Journal For Adults. Good Days Start With Gratitude is a guide to cultivate an attitude of gratitude! It is a self exploration journal designed to focus on being thankful for what we have, the big things in life, as well as the simple joys.50+ pages of decorative lined paper that include the prompts: Today I am grateful for ., One awesome thing that happened today was . and a Happiness Scale for you.



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