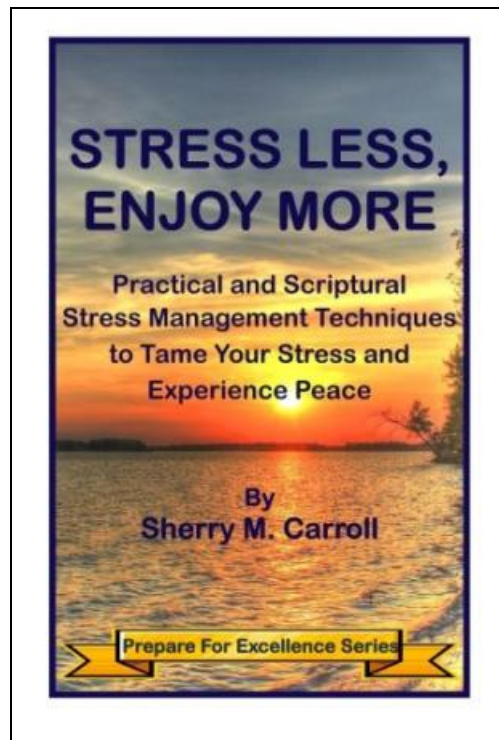


## Stress Less, Enjoy More: Practical and Scriptural Stress Management Techniques to Tame Your Stress and Experience Peace



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### ***Reviews***

*This book will never be easy to start on looking at but quite entertaining to read. It is actually packed with wisdom and knowledge It is extremely difficult to leave it before concluding, once you begin to read the book.*  
*(Ms. Missouri Satterfield DVM)*

## STRESS LESS, ENJOY MORE: PRACTICAL AND SCRIPTURAL STRESS MANAGEMENT TECHNIQUES TO TAME YOUR STRESS AND EXPERIENCE PEACE



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