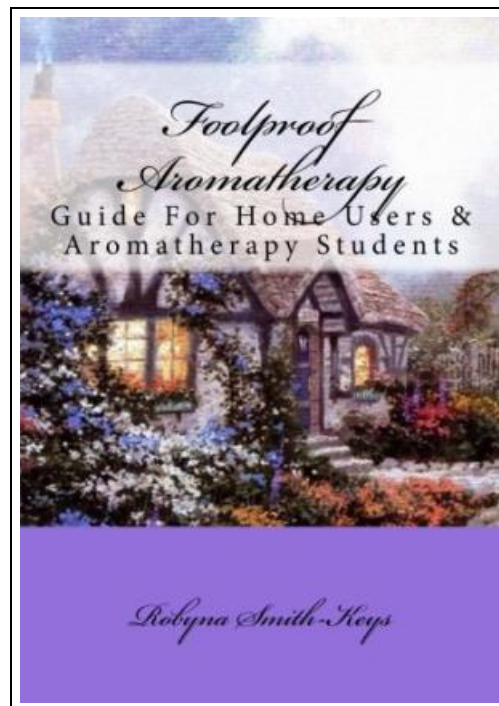


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CreateSpace Independent Publishing Platform. Paperback. Condition: New. This item is printed on demand. 204 pages. Dimensions: 10.0in. x 7.0in. x 0.5in. Aromatherapy is sensationally addictive! It is an alluring healing journey. Robyna has been using alternative healing methods, most of her life. Alternative healing methods, taught to her, by her family, at a very early age. Her journey blossomed after studying the healing art of Aromatherapy at Nature Care College in Sydney Australia. Robyna in 2007 was chosen to sit on the committee to rewrite the Australian Standards and 2010-2014, to rewrite the International Standards for the Beauty Industry. Robyna is passionate about the use of Essential Oils, their healing and beautifying properties. Oils are extracted from herbs, roots, and flowers and then used in treatments such as massage, reflexology, smell-therapy, bathing - techniques, acupuncture and cosmetic preparations. Essential oils are used to strive for balance - in physical, mental and spiritual health. Not only is Aromatherapy aimed at healing, relieving and eliminating health problems but, also is very concerned with the prevention of disease and the promotion of health and happy living. This book follows: - The International Standards For The Beauty Industry SIBBOS505A Index Books Quick Guide Aromatherapy - Healing and Relaxing with Essential Oils Bear This In Mind Scientific Medicine Important Factors - Aromatherapy. Essential Oils Are: - Essential Oils Common Benefits: - Essential Oils Origin: - The Medicines Of The Earth History of Aromatherapy Extraction Distillation Making Orange Oil At Home. Basics of Essential Oils Extraction Methods Carrier Oils Carrier Oil Keeping Factors Carrier Oil Clarification Chemistry And Effects Essential Oils Graphs Essential Oils: Names-Descriptions Essential Oil - Heredity Methods Of Use Bath Sitz Bath Hand And Foot Soaks Massage Vaporizers Inhalations Compresses Compress Application Hot-Cold Poultices Skin Skin Has Three Layers Olfactory Best Time To Apply Oils...



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