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Ginkgo Press, 2017. Paperback Condition: New. Language: English . Brand New Book. Portuguese country-style home cooking and Michelin-rated restaurants receive equal treatment in this newest addition to the Eat Smart series of culinary travel guidebooks. A huge variety of seafood, rice, and spices from around the world acknowledge Portugal's history as a seafaring nation. Hundreds of different breads and cakes also underscore local traditions. Eat Smart in Portugal connects menus and markets to geography, history, and regional pride. Authentic...

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- Authored by Ronnie Hess, Joan Peterson
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