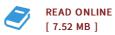




# The New Honey Revolution (Paperback)

By MD Mph Ron Fessenden

Xulon Press, 2014. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. The Definitive Book on the Health Benefits of HONEY New information from current research - New amazing facts Restoring the health of future generations is more than a hopeful promise or a clever slogan. Since ancient times, honey has been known for its many healthful benefits, but what many don t know is that current medical research has validated many of those long held beliefs. This revised and updated edition contains information from all the books in The Honey Revolution Series, PLUS new information from dozens of new research studies documenting the amazing health benefits of consuming honey. There are many reasons to read this book. One of the following may be just for you. In The New Honey Revolution you will discover how: Honey regulates blood sugar and is the sweetener of choice for diabetics Honey can help you sleep better and recover faster Honey reduces the risks for obesity, diabetes, heart disease, high blood pressure, cancer, Alzheimer s disease, and more Honey fuels your brain, improves memory and recall Honey treats skin infections and improves wound care Honey enhances the immune...



### Reviews

It is an incredible publication that we have actually read through. It is among the most incredible pdf i actually have study. I am just pleased to let you know that here is the very best pdf i actually have study in my personal lifestyle and could be he greatest book for possibly.

-- Ms. Linnea Medhurst I

This kind of pdf is almost everything and made me seeking forward and much more. It is actually packed with wisdom and knowledge You will not really feel monotony at whenever you want of your own time (that's what catalogs are for about when you question me).

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