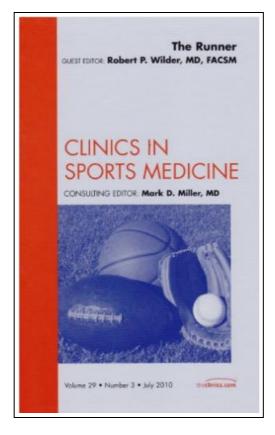
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THE RUNNER, AN ISSUE OF CLINICS IN SPORTS MEDICINE (HARDBACK)



Elsevier Health Sciences, United Kingdom, 2010. Hardback. Condition: New. UK ed.. Language: English . Brand New Book. July s issue of Clinics in Sports Medicine is dedicated to the Runner and guest edited by Dr. Robert Wilder, Associate Professor of PMR and Medical Director of the Runner s Clinic at the University of Virginia. i¿½ Dr. Wilder and a team of expert contributors discuss all aspects of running, including biomechanics and kinematics, flexibility, exertional compartment syndrome, patellofemoral pain syndrome, stress fractures, exercise-associated collapse, and more. i¿½ Several chapters focus on special considerations for certain types of runners: children, women, injured runners, and those with osteoarthritis.



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