



## Freedom from Meltdowns: Dr. Thompson's Solutions for Children with Autism

By Travis Thompson, Tony Attwood

Brookes Publishing Co. Paperback. Book Condition: new. BRAND NEW, Freedom from Meltdowns: Dr. Thompson's Solutions for Children with Autism, Travis Thompson, Tony Attwood, Daily meltdowns and tantrums are one of the biggest challenges of life with autism and related disorders - they have a devastating impact on children with autism and their whole families. Now there's a book with all the expert advice front-line professionals and parents need to understand meltdowns, stop them before they start, and improve quality of life for entire families. Travis Thompson, the voice of authority on autism and behavior, channels his 40 years of experience working with children and families into a long-awaited how-to guide that helps readers understand how other disorders and health conditions such as anxiety, sleep disorders, OCD, ADHD, and mental health problems contribute to meltdowns in children with autism; and, pinpoint events that trigger a meltdown and prevent those triggers from escalating into an emotional explosion. It also helps readers use Functional Behavioral Assessment to uncover behavior patterns and develop effective intervention plans; improve communication skills so children can find positive ways to express themselves and get their needs met; create physical environments that facilitate learning and reduce distraction and confusion; work...



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