

Lisboeta: Recipes from Portugal s City of Light (Hardback)



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Reviews

This publication is worth getting. This is certainly for those who state that there was not a well worth studying. Its been written in an exceptionally simple way in fact it is only after i finished reading through this ebook in which in fact transformed me, modify the way i believe.

(Mr. Hester Prohaska DVM)

LISBOETA: RECIPES FROM PORTUGAL S CITY OF LIGHT (HARDBACK)



Bloomsbury Publishing PLC, United Kingdom, 2017. Hardback. Condition: New. Language: English . Brand New Book. `It s not all sardinhas. Just ask the man who made Portuguese food cool The Times `Offers so much more than just delightful recipes Evening Standard `Nuno Mendes book is a celebration of hearty Lisbon fare Metro `With Lisboeta, I feel guided through the cuisine of Portugal s capital city. This book not only shares the warmth of Nuno s cooking but also tells the stories behind eating in Lisbon Rene Redzepi - Head Chef at Noma, Copenhagen Lisbon is known as Portugal s `City of Light , its beautiful, tiled buildings and cobbled streets illuminated by the reflections of the nearby waters. It is also one of the great undiscovered culinary centres of Europe. Internationally renowned chef Nuno Mendes is a `Lisboeta (native of Lisbon) and in this groundbreaking cookbook, he invites you to experience his favourite places, and the incredible food you will discover there. Sharing recipes inspired by the dishes that he loves, Nuno takes you through a typical day in Lisbon. Here you will discover the secrets to the most delicious pasteis de nata, the custard tarts for which Lisbon is so famous, and bolas de Berlim, fluffy doughnuts stuffed with custard that are sold on the beach. For lunch you might sample some typical seafood, like squid sizzling in a pan with garlic and coriander, or grilled sardines with a roasted green pepper salad. And as night draws in, Nuno offers his recipes for rich and warming dishes like slow-baked lamb chanfana and roasted orange-rub pork belly with fennel - which may even be followed with a cheeky prego sandwich after dinner. These are the heart-warming, vibrant dishes of a city with a modern, bustling food scene that is nevertheless...



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