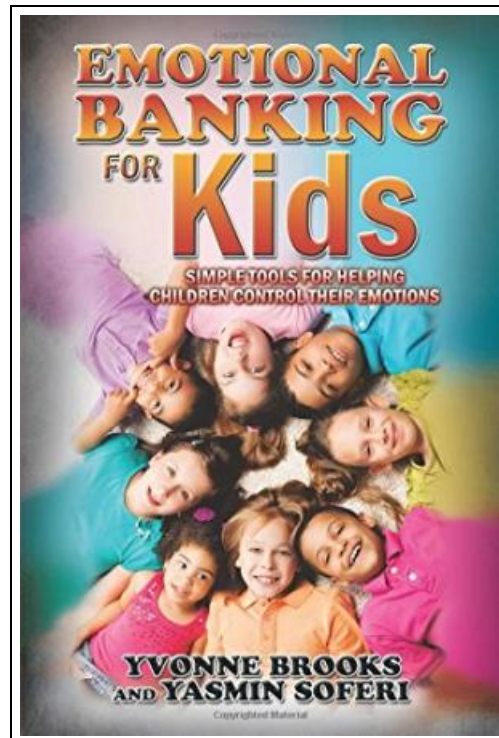


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EMOTIONAL BANKING FOR KIDS: SIMPLE TOOLS FOR HELPING CHILDREN CONTROL THEIR EMOTIONS (PAPERBACK)



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iUniverse, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.We all have emotional bank accounts. Just as we want our traditional bank accounts to have positive balances and to be filled with money, we also need our emotional bank accounts to have positive balances and be filled with healthy emotions. Emotional Banking for Kids offers a handbook on emotional intelligence designed for children in elementary and middle school. Written by family empowerment expert Yvonne Brooks and coauthored by nine-year-old Yasmin Soferi, this manual provides helpful exercises for raising self-esteem by becoming more secure, increasing understanding, depositing healthy emotions daily, advancing emotionally through forgiveness, using self-control to fill up your personal emotional bank account, and operating at the highest emotional frequency--love. There is no reason for any child to be left behind emotionally. With the right tools available to them, children ages nine to twelve can take full responsibility for their own happiness and emotional well-being. This emotional intelligence guide presents practical guidance for children in elementary and middle school, helping them to grow stronger emotionally.



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