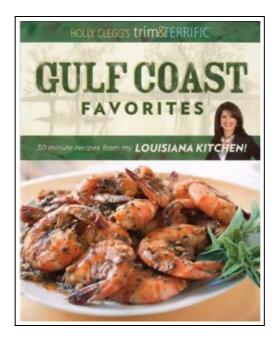
Holly Clegg s Trim Terrific Gulf Coast Favorites: Over 250 Easy, Healthy, and Delicious Recipes from My Louisiana Kitchen! (Paperback)



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Reviews

It in one of my personal favorite publication. It is actually rally fascinating through reading through period of time. Its been printed in an extremely basic way in fact it is just after i finished reading through this ebook by which basically transformed me, change the way in my opinion.

(David Weber)

HOLLY CLEGG S TRIM TERRIFIC GULF COAST FAVORITES: OVER 250 EASY, HEALTHY, AND DELICIOUS RECIPES FROM MY LOUISIANA KITCHEN! (PAPERBACK)



Favorite Recipes Press (FRP), United States, 2008. Paperback. Condition: New. Language: English. Brand New Book. Holly Clegg, author of the popular Trim Terrific cookbook series, delivers a true gem with her new book, America's Gulf Coast Favorites, which is packed full of regional specialties, home cooking, and many familiar favorites. In keeping with tradition, all of the recipes are easy, everyday, and healthier - perfect for our busy lifestyles. Each recipe includes nutritional analysis and diabetic exchange. The book contains gorgeous photographs, symbols to indicate Vegetarian and Freezer Friendly make-ahead recipes, and menus. Holly hopes while enjoying a repertoire of mouth-watering recipes, everyone will gain a better understanding of the value of the wetlands. A portion of the proceeds from the sale of this cookbook will go to support the America's WETLAND Foundation.

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