



Trauma- and Stressor-Related Disorders: A Handbook for Clinicians (Paperback)

By -

American Psychiatric Association Publishing, United States, 2015. Paperback. Condition: New. Language: English . Brand New Book. Both academically rigorous and clinically practical, Trauma- and Stressor-Related Disorders is fully informed by the new DSM-5 category that includes adjustment disorders, acute stress disorder, and posttraumatic stress disorder. Stress and trauma have long been recognized as playing a role in the etiology of certain psychiatric disorders, and this book delineates normal and pathological responses to stress, providing a conceptual framework for understanding trauma- and stressor-related disorders. An individual's response to stress depends on numerous genetic, developmental, cognitive, psychological, and neurobiological risk and protective factors, and these are examined from both a scientific and clinical perspective. Central to the book's utility is its presentation of clinical vignettes that help the reader to contextualize the information presented and model effective clinical skills. Among the volume's critically important topics and features are: A robust section on assessing the psychosocial factors associated with resilience (e.g., optimism, cognitive flexibility, a social support network), encouraging and enhancing these factors, and implementing psychosocial interventions to aid patients who have experienced trauma to promote resilience by targeting these factors. A comprehensive chapter on the medical-legal aspects of trauma-...



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