



Alkaline Smoothies: Drink Your Way to Vibrant Health, Massive Energy and Natural Weight Loss

By Marta Tuchowska

Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.THE HEALING POWER OF ALKALINE SMOOTHIES->IT S TIME TO TAKE YOUR HEALTH TO A WHOLE NEW LEVEL. ARE YOU READY TO ENERGIZE YOUR BODY AND MIND TO LOOK AND FEEL AMAZING? Imagine feeling like you are 15 again. Imagine a life without aches, pains, excess weight, and stiffness. Imagine feeling light, happy, and energized. Imagine more energy and personal success in all areas of your life. Have you ever seen a wild animal with gout, arthritis, or obesity? Nope, neither have I. So is it really normal for animals and humans to suffer from: Gout Infections Osteoporosis Diabetes Cancer Heart Disease Or are our lifestyles and food choices to blame? Choices. Hm. Powerful word. What choices have you made about your health? Do you bounce out of bed in the mornings, or do you continue pressing the snooze button for just a few more moments of sleep? Are you able to get through the day without feeling fatigued? Do you suffer from any ailments? Disease? Can t lose weight even though you count calories and...



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