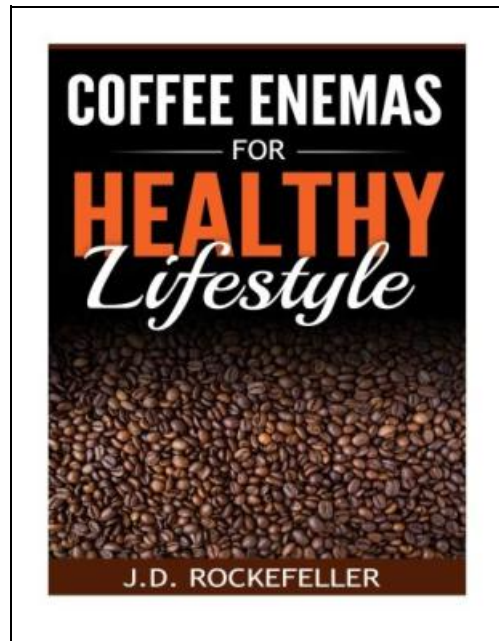


Coffee Enemas for Healthy Lifestyle (Paperback)



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COFFEE ENEMAS FOR HEALTHY LIFESTYLE (PAPERBACK)



Createspace Independent Publishing Platform, United States, 2015. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Your health is a foundation wherein you can never live your life to the fullest without its proper care and maintenance. That is why it is indeed important to find the best and effective ways on how to maintain a physically fit and healthy body. By doing so, positivity and healthy lifestyle will follow. However, you can never deny the fact that you will come to the point wherein your body will fail to function well and your health will get worse. When this instance, or problem arises, calling your trusted health professional is the first thing you can do. When life gets tough and rough, always remember that you can always have someone to count on. Due to the increasing number of ailments, diseases, illness and other health complications, various ways have invented and created in order to address such health problems. One of the processes or methods done to solve certain health problems is through the coffee enema. Coffee enema is something that provides cure complications and health problems. It may help you in relieving constipation, liver detoxification concerns, insomnia, cognitive problems and fatigue. In relation to this, although you are entrusting your health unto your physician, it is still important that you know about what is the due process done to cure such health conditions, how it works, what are the possible effects either positive or negative, the benefits and the importance of doing such process to cure a particular health problem. A coffee enema includes enema-related procedure of the injected coffee into the anus in order to cleanse the large intestines and rectum. This might sound strange to you, but it is true! You know...



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