



Instant Pot Cookbook: Best Recipes for Every Day: What Will Make You Cook as a Pro Healthy, Light and Delicious Dishes (Paperback)

By Associate Professor of Music Theory Eastman School of Music Matthew Brown

Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. This is the ideal cookbook for the Instant Pot beginner. Everyone is busy these days, there never seems to be enough time to stop, smell the roses, or more accurately, smell the pot roast. If you re just learning how to cook, or you have picked up the pressure cooker fever and are trying to find your footing with the Instant Pot, this book is perfect for you. It s a universal truth that homes cooked meals, sitting together and sharing the day, keeps a family strong. But with the busy times, we now live in, finding the time to do that can be a trick. In this cookbook, you ll find the 55 fast and easy recipes that are designed for the busy families, and the cooking impaired. Cooking your way through this book will give you the confidence and the skills you need to tackle any recipe you want with your Instant Pot. As well as give you a solid base of family-friendly and family tested recipes to pull from. Chapters include: An introduction detailing how the book came...



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