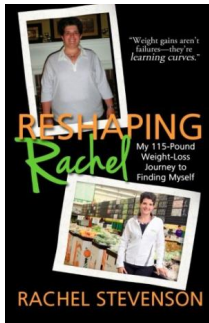


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Lucky Stars Publishing, LLC. Paperback Condition: New. 276 pages. Dimensions: 8.5in. x 5.5in. x 0.6in. A blog. A weight-loss story. And intimate details of one woman's emotional yet humorous journey to finding herself. Bonus Material Included: Recipes and Health Tips Rachel Stevenson has learned the greatest lesson of all through her 18-month, 115-pound weight loss journey: Weight gains aren't failures—they're learning curves. Nearing her thirtieth birthday, yo-yo dieter Rachel Stevenson knew she needed help when she stepped on the scale at..

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