

You ll Be Fine, Darling: Struggling with Ptsd After the Trauma of War (Paperback)



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Reviews

*The ideal ebook i actually read through. It really is written in simple words and phrases and not confusing. Its been written in a remarkably simple way and it is just after i finished reading this ebook where in fact modified me, affect the way i think.
(Alice Cremin)*

YOU LL BE FINE, DARLING: STRUGGLING WITH PTSD AFTER THE TRAUMA OF WAR (PAPERBACK)

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Createspace, United States, 2012. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Full of energy and ambition, Anthony Mena, struggles with the decision of which military branch he will join when he graduates from high school. Towards the end of the school-year, he enlists in the United States Air Force to serve in Security Forces. In spite of his mother s protest, Anthony leaves to basic training a month after graduation in hope of deploying to fight in the war-torn country of Iraq. This is the true story of a courageous and determined young man who serves his country while the United States is involved in a bloody and controversial war in Iraq. Anthony proudly volunteers to deploy to Iraq a few months after joining the Air Force. This first deployment does not satisfy Anthony s desire to be involved in challenging experiences. Once again, this brave, adventurous airman volunteers for a year-long deployment to the bloody city of Baghdad. This time, he proudly serves as the lead driver for his squad, which consists of four Humvees, as they patrol the dangerous streets of Baghdad. They are faced with incredible experiences during an entire year in Baghdad. Anthony and the other troops struggle to survive from the first day of their arrival. They witness hundreds of dead bodies, some missing body parts and others badly tortured or burned. The troops encounter deadly bombings, Humvees blown apart, and witness their own companions lose their lives. Anthony s fellow airmen face many sleepless nights and listen to the sounds of bombs exploding close to them on a nightly basis. After much turmoil, Anthony and many of the troops suffer from insomnia and nightmares. The need for sleeping pills begins. The troops struggle to get enough sleep...

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