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By John Carter

Bloomsbury Publishing PLC. Paperback. Book Condition: new. BRAND NEW, Warriors on Horseback: The Inside Story of the Professional Jockey, John Carter, A remarkable and riveting insight into the lives of jockeys. Jockeys who earn a living race riding on racehorses are a remarkable group. They are fiercely competitive on the racecourse but enjoy a tribal kinship in the weighing room. The minimum requirements for long-term success are courage, skill, athleticism and an intuitive understanding of how to 'get a tune' out of a horse. This book celebrates these warriors on horseback, both the old and the new, highlighting the headline performers for jump racing and flat racing in the last five centuries - male and female and from around the globe - as well as taking the reader on a behind-the-scenes look at the lifestyle of professional jockeys in the 21st century. The book takes a tour of Aintree's weighing room, tracks a day in the life of a Derby-winning jockey and investigates the twin challenges faced by jockeys: inevitable injuries and 24/7 weight management. The book also looks back at historical events where jockeys have made the headlines, including: the scandal of jockey Sam Chifney, Lord Bunbury and the...

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