



How To Think More About Sex (Paperback)

By Alain de Botton, The School of Life

Pan MacMillan, United Kingdom, 2012. Paperback. Condition: New. Language: English . Brand New Book. In this rigorous and supremely honest book Alain de Botton helps us navigate the intimate and exciting - yet often confusing and difficult - experience that is sex. Few of us tend to feel we re entirely normal when it comes to sex, and what we re supposed to be feeling rarely matches up with the reality. This book argues that 21st-century sex is ultimately fated to be a balancing act between love and desire, and adventure and commitment. Covering topics that include lust, fetishism, adultery and pornography, Alain de Botton frankly articulates the dilemmas of modern sexuality, offering insights and consolation to help us think more deeply and wisely about the sex we are, or aren t, having. One in the new series of books from The School of Life, launched May 2012: How to Stay Sane by Philippa Perry How to Find Fulfilling Work by Roman Krznaric How to Worry Less About Money by John Armstrong How to Change the World by John-Paul Flintoff How to Thrive in the Digital Age by Tom Chatfield How to Think More About Sex by Alain de Botton.



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