



## Mike Brewer's Warm Ups

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By Michael Brewer

Faber Music Ltd. Paperback. Book Condition: new. BRAND NEW, Mike Brewer's Warm Ups, Michael Brewer, "Mike Brewer's Warm-ups!" is the indispensable handbook for singers and choral directors. Warm-ups are a series of activities that get the body and brain into gear, reinforce healthy and effective singing practice and are above all - fun! It is divided into 36 practical sessions, arranged progressively. The book is packed full with physical and mental activities to tackle all aspects of vocal technique, including: posture, breathing, sound-making, velocity, virtuosity and flexibility, range, register and resonance, harmony and blend, body, mind and spirit. With over 200 warm-up ideas, including seventy musical examples, you will find an abundance of ideas in Mike Brewer's characteristically lively and innovative style.

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