



Quietly Comes the Buddha: Awakening Your Inner Buddha-Nature (Paperback)

By Elizabeth Clare Prophet

Summit University Press, United States, 2017. Paperback. Condition: New. Language: English . This book usually ship within 10-15 business days and we will endeavor to dispatch orders quicker than this where possible. Brand New Book. Take a moment and commune with the heart of the Buddha. Discover peace, transformation and divine solutions to your everyday problems through the creativity of the Buddha-nature in your heart. You can realize your Buddha-nature by cultivating its qualities known as the Ten Perfections. See them as ten habits of highly -effective Buddhas to be: - Giving of yourself (alms) - Attaining enlightenment (precepts) - Centering in ultimate reality (renunciation) - Transcending the human mind (wisdom) - Overcoming fear and unworthiness (courage) - Re?ning the soul through communion (patience) - Freeing yourself from the effects of errors (truth) - Conquering self-destructive habits (resolution) - Integrating the divine into your daily life (goodwill) - Sustaining intensity and equanimity as you fulfill your goals (indifference) Quietly Comes the Buddha is an offering of meditations, poetry and prayers for developing your Buddhist nature to bring wholeness into your life and the lives of others. Includes meditations on the heart for resolving con?icts and chakra meditations for puri?cation and...



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