



## Illuminated Life: Monastic Wisdom for Seekers of Light

By Joan Chittister

Orbis Books (USA). Paperback. Book Condition: new. BRAND NEW, Illuminated Life: Monastic Wisdom for Seekers of Light, Joan Chittister, Each illumination begins with a story from the desert mystics and then evolves into a practical application. The qualities and practices include awareness beauty, community, humility, kindness, prayer, solitude, understanding and vision.



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