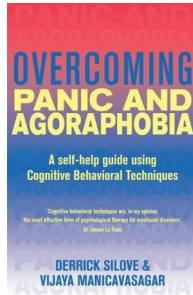


## Overcoming Panic and Agoraphobia : A self-help guide using Cognitive Behavioral Techniques



### Book Review

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