



## Cheap Vegan: Learn How to Cook Amazing Low-Budget Vegan Recipes That Only Cost a Few \$\$\$ a Day (Paperback)

By Katya Johansson

Createspace Independent Publishing Platform, United States, 2017. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Cheap Vegan Recipes - Cos Vegan Doesn t Mean Expensive Discover 35 Cheap Vegan Recipes To (not) die for! I created this book for all you vegans out there, to show that you could be living a very healthy life without having to spend thousands of dollars each month on groceries, by utilizing cheap vegn ingredients. That s attainable! Veganism is a sort of veggie lover consume less calories that avoids meat, eggs, dairy items and all other creature determined fixings. Numerous veggie lovers additionally don t eat nourishments that are handled utilizing creature items, for example, refined white sugar and some wines. Vegetarian alludes to either a man who tails along these lines of eating, or to the eating regimen itself. Low cost vegan recipes are desired by most of the people. So this book is written according to low budget of people. 5 Reasons To Buy This Book: Make Delicious but cheap vegan recipes!Lose Weight!Enjoy The Coolest Recipes!Live Longer!Keep The Animals, save the planet etcHere Are Some Of The Recipes You ll Learn: 1. Delicious Meatballs 2...

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