



Discover Your Purpose: How to Use the 5 Life Purpose Profiles to Unlock Your Hidden Potential and Live the Life You Were Meant to Live (Paperback)

By Rhys Thomas

TarcherPerigee, 2015. Paperback. Condition: New. Language: English . Brand New Book. In this life-changing book, energy medicine expert Rhys Thomas shows you how to discover your life purpose and align your decisions with your deepest self, so your life is fulfilling, productive, and full of joy. Trying to meet everyone else's expectations about the type of role you should play whether in your job, your family, or society can leave you constantly striving but ultimately dissatisfied. In this inspiring book, Thomas guides you in using the Rhys Method(r) Life Purpose Profile System to identify your purpose and reconnect with your passions, so you can find true happiness and fulfillment. This system of self-discovery encompasses five distinct soul-based profiles. Which one are you? - Creative Idealists are highly imaginative thinkers who sometimes self-isolate, feeling safer staying in their inner mental world than engaging with others. - Emotional Intelligence Specialists are empathic, sensitive, and compassionate but sometimes struggle with being overwhelmed and feeling unloved. - Team Players are loyal supporters who selflessly put others' needs before their own, but they can fail to recognize their own strengths and needs. - Charismatic Leader-Charmers are energetic, dynamic, and capable, but they can become...



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Reviews

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