# Tales of a Wounded Healer



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## Reviews

A really amazing ebook with lucid and perfect answers. It is really simplistic but excitement in the 50 % in the publication. I am just happy to explain how this is actually the best pdf i actually have study during my individual daily life and may be he greatest ebook for possibly. (Toney Bogan)

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## TALES OF A WOUNDED HEALER



Windwhispers Press. Paperback. Book Condition: New. Paperback. 236 pages. Dimensions: 8.3in. x 5.4in. x 0.6in.Tales of a Wounded Healer begins by revealing the 27-year odyssey of renowned psychotherapist Mariah Fenton Gladis through her diagnosis and subsequent life with Lou Gehrigs Disease, and how that diagnosis catapulted her to envision and develop a new method of psychotherapy that dramatically facilitates healing and change. Mariah turns her former approach inside out by moving from encouraging people to cope with their lot in life, to empowering them to understand and provide for the compelling force and potential of their own personal needs. The book shows that when met with respect, love and compassion, human needs can arm people with the capacity to transform their lives and contribute to the healing of others. In this book, Mariah Fenton Gladis presents strong practical and theoretical instruction for the concept of creating exact moments of healing; moments grounded in awareness that precisely respond to and provide for the emergent need of an individual, family or community. These are the moments that produce substantial shifts in a persons worldview, character, and capacity to create meaningful contact with themselves, others and their environment. Tales of a Wounded Healer presents true stories of people who have changed their lives through this profound work and describes the seminal moments that shaped their transformation. These stories focus on specific moments of healing in detail and illustrate such themes as the importance of receptivity in healthy human functioning, recovery from post traumatic stress syndrome, the need for supportive community, mending fractured families, creating self-esteem and empowerment, development of a compassionate relationship with self and others, and recovery from sexual abuse and trauma. Throughout the book, the Mariah Fenton Gladis addresses the reader in an attempt to inspire and educate and make the...

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