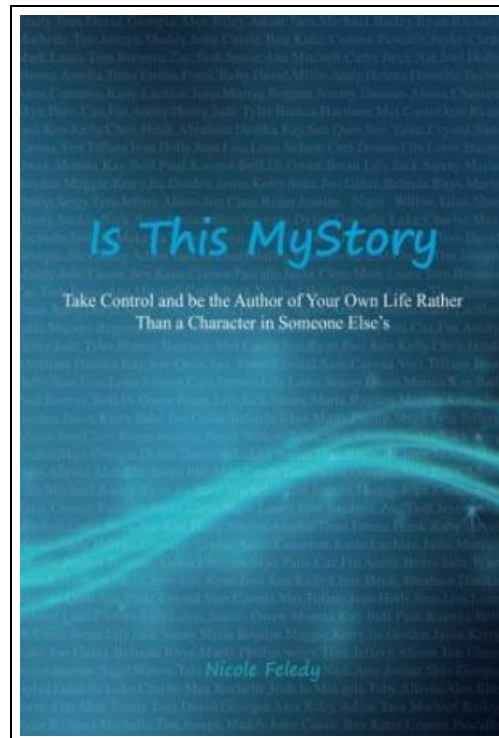


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Nicole Feledy, United States, 2013. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Is This MyStory is a personal development book which helps frustrated teenagers find their voice. Experienced English teacher Nicole Feledy offers readers a practical path through the wilderness of study, social pressure, family expectations and identity recognition. Although primarily written for young adults, contained within the pages are important clues for parents, teachers and anyone else interested in supporting students who feel confused and directionless. Each chapter offers young people the functional tools they require to take ownership of their life and responsibility for their actions. These strategies can help them become the author of their own life, rather than being a character in someone else s. We like to call this a Learning Rite. Readers join characters Tania, John and Liz as they tread the learning path. This is a 10 step quest that leads toward greater self-awareness. Using a unique combination of short stories, reflective questioning and easy to follow theories, readers are shown strategies that can help them become aware of and accountable for their own behaviour. Therefore, Is This My Story could be described as a lifelong learning strategy which offers young adults the opportunity to actively and consciously direct their own life. Is This MyStory will encourage readers to stop believing that someone else dictates their thoughts, feelings and actions and instead, show them how to become critically literate individuals who consciously direct their own life. Too often students attend classes, listen to teachers and recount what they have heard, without really understanding what they are doing, why they are doing it, or how the learning applies to them. Is This MyStory aims to address this problem. Readers are encouraged to take...



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