



Gems of Wisdom: From the Seventh Dalai Lama

By Glenn H. Mullin

Snow Lion Publications, U S A, 1999. Soft cover. Condition: New. 1st Edition. BRAND NEW BOOK. The Seventh Dalai Lama (1708-1757) stands as one of the most beloved Buddhist masters in Tibet's long and illustrious history. One of his most popular works is Gems of Wisdom, a collection of spontaneous short verses that employ earthy metaphors to illustrate key points in the enlightenment tradition. His language is simple and direct, capturing the profound spirituality of his vision while avoiding any form of religiosity. Here we find all the teachings of the Buddha brought into the context of their implications for individual transformation, or "training of the mind." This volume presents a translation of this important text and also provides a brief commentary which elucidates the quintessential meaning embedded in the Seventh Dalai Lama's verses.



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