

## Aikido, Vol. 2: O-Sensei's Sublime Synthesis (Paperback)



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### ***Reviews***

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*(Mr. Chadd Bashirian V)*

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Via Media Publishing Company, United States, 2016. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. How can we fully understand aikido, or any other martial art for that matter, when we have only been exposed to part of it? While learning about the art, we can easily make assumptions and be tricked by false impressions. In most cases, even instructors do not have enough background to grasp the entirety of the art and are happy to work with part of it. The content in this special two-volume anthology details the many facets of aikido as it was formulated by Morihei Ueshiba (1883-1969) -O-Sensei, the great teacher. Each chapter contributes to a piece of the aikido puzzle by providing historical details, insightful technical drills (bare handed and with weapons), and components that have flavored this art with a spiritual essence. From the Ueshiba wellspring flows a number of streams-political splinter groups offering their own take on what aikido should be and how it should be practiced. Each branch may stand on its own, but a good number of scholars and practitioners prefer a more encompassing representation of what O-Sensei taught. So, chapters in these volumes help put Humpty Dumpty back together again. Volume I includes ten chapter and volume II another fourteen. The authors-twenty-one in all-present superb credentials as scholars and practitioners of aikido. On the academic side, you ll find chapters that detail aikido s philosophy, from ethical relationships and practical theory to the subtle spiritual dimension. A few authors highlight the circumstances regarding the transmission of aikido from teacher to student. Some authors show how culture influences the perception and understanding of aikido when it travels outside Japan. Aikido is often practiced as a system of body movement encompassing a philosophy of peace...



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