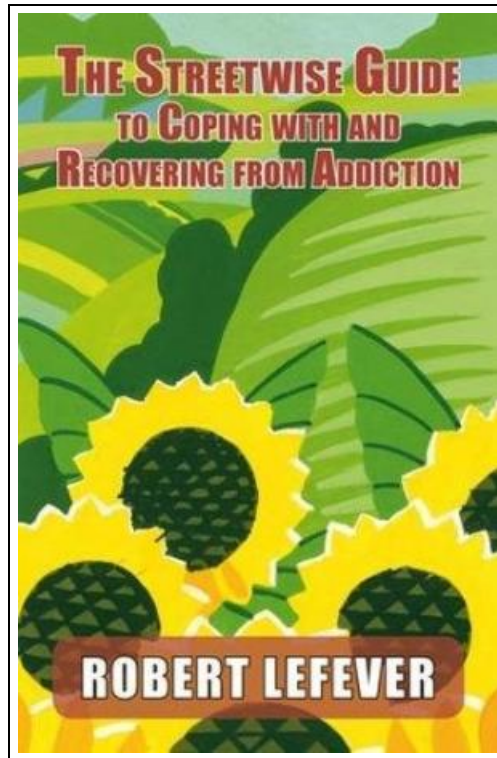


The Street-wise Guide to Coping with and Recovering from Addiction



Filesize: 1.08 MB

Reviews

If you need to adding benefit, a must buy book. it absolutely was writtern extremely perfectly and beneficial. You are going to like the way the blogger compose this publication.

(Orlando Abernathy)

THE STREET-WISE GUIDE TO COPING WITH AND RECOVERING FROM ADDICTION



To get **The Street-wise Guide to Coping with and Recovering from Addiction** eBook, remember to access the link below and save the ebook or have access to additional information that are in conjunction with THE STREET-WISE GUIDE TO COPING WITH AND RECOVERING FROM ADDICTION book.

Edward Everett Root. Paperback. Condition: New. 160 pages. Dimensions: 8.3in. x 5.9in. x 0.9in. Dr Robert Lefever is one of the leading international specialists on addictions. He established the very first addiction rehabilitation centre in the UK offering treatment to patients with eating disorders, alcohol or drug problems. He was also the first to treat compulsive gambling, nicotine addiction and workaholism. He identified Compulsive Helping, when people do too much for others and too little for themselves, as an addictive behaviour and has pioneered its treatment. Dr Lefever has worked with over 5,000 addicts and their families in the last 25 years and, until recently, ran a busy private medical practice in South Kensington (PROMIS Recovery Centre). He now uses his considerable experience to provide intensive private one-to-one care for individuals and their families. Everyone KNOWS what addiction is and what should be done for it. But as this book shows, individual experience cannot apply universally. The psychology of denial - telling addicts that they aren't addicted - is the most devastating feature of addiction. This book offers much practical guidance, with reference to entirely anonymised individual experiences. It also explains the key terminology used in the field. The entire emphasis of the book is on what works. It also explains why some approaches do not work. The author shows that treatment will always have to be in 3 phases (in reverse order): abstinence, emotional - not intellectual - therapy and daily relapse prevention by working the Twelve Step Programme first formulated by Alcoholics Anonymous. Dr Lefever explains specific addictions. These come in 3 clusters: hedonistic, nurturant and relationship. Some addicts have just 1 of these clusters, some two, some all. He shows how patients and their families can take actions to unblock delay. He considers known intervention techniques and...



[Read The Street-wise Guide to Coping with and Recovering from Addiction Online](#)



[Download PDF The Street-wise Guide to Coping with and Recovering from Addiction](#)



[Download ePub The Street-wise Guide to Coping with and Recovering from Addiction](#)

Other eBooks



[PDF] **Index to the Classified Subject Catalogue of the Buffalo Library; The Whole System Being Adopted from the Classification and Subject Index of Mr. Melvil Dewey, with Some Modifications .**

Click the hyperlink beneath to get "Index to the Classified Subject Catalogue of the Buffalo Library; The Whole System Being Adopted from the Classification and Subject Index of Mr. Melvil Dewey, with Some Modifications ." PDF document.

[Save ePub »](#)



[PDF] **Children s Handwriting Book of Alphabets and Numbers: Over 4,000 Tracing Units for the Beginning Writer**

Click the hyperlink beneath to get "Children s Handwriting Book of Alphabets and Numbers: Over 4,000 Tracing Units for the Beginning Writer" PDF document.

[Save ePub »](#)



[PDF] **Simple Signing with Young Children : A Guide for Infant, Toddler, and Preschool Teachers**

Click the hyperlink beneath to get "Simple Signing with Young Children : A Guide for Infant, Toddler, and Preschool Teachers" PDF document.

[Save ePub »](#)



[PDF] **Next 25 Years, The: The New Supreme Court and What It Means for Americans**

Click the hyperlink beneath to get "Next 25 Years, The: The New Supreme Court and What It Means for Americans" PDF document.

[Save ePub »](#)



[PDF] **Oxford Very First Dictionary**

Click the hyperlink beneath to get "Oxford Very First Dictionary" PDF document.

[Save ePub »](#)



[PDF] **Crochet: Learn How to Make Money with Crochet and Create 10 Most Popular Crochet Patterns for Sale: (Learn to Read Crochet Patterns, Charts, and Graphs, Beginner s Crochet Guide with Pictures)**

Click the hyperlink beneath to get "Crochet: Learn How to Make Money with Crochet and Create 10 Most Popular Crochet Patterns for Sale: (Learn to Read Crochet Patterns, Charts, and Graphs, Beginner s Crochet Guide with Pictures)" PDF document.

[Save ePub »](#)



[PDF] The Mystery of God's Evidence They Don't Want You to Know of

Click the link under to download "The Mystery of God's Evidence They Don't Want You to Know of" file.

[Download eBook »](#)



[PDF] Johnny Goes to First Grade: Bedtime Stories Book for Children's Age 3-10. (Good Night Bedtime Children's Story Book Collection)

Click the link under to download "Johnny Goes to First Grade: Bedtime Stories Book for Children's Age 3-10. (Good Night Bedtime Children's Story Book Collection)" file.

[Download eBook »](#)



[PDF] Hands Free Mama: A Guide to Putting Down the Phone, Burning the To-Do List, and Letting Go of Perfection to Grasp What Really Matters!

Click the link under to download "Hands Free Mama: A Guide to Putting Down the Phone, Burning the To-Do List, and Letting Go of Perfection to Grasp What Really Matters!" file.

[Download eBook »](#)



[PDF] No Friends?: How to Make Friends Fast and Keep Them

Click the link under to download "No Friends?: How to Make Friends Fast and Keep Them" file.

[Download eBook »](#)



[PDF] Becoming Barenaked: Leaving a Six Figure Career, Selling All of Our Crap, Pulling the Kids Out of School, and Buying an RV We Hit the Road in Search Our Own American Dream. Redefining What It Meant to Be a Family in America.

Click the link under to download "Becoming Barenaked: Leaving a Six Figure Career, Selling All of Our Crap, Pulling the Kids Out of School, and Buying an RV We Hit the Road in Search Our Own American Dream. Redefining What It Meant to Be a Family in America." file.

[Download eBook »](#)



[PDF] Who Am I in the Lives of Children? an Introduction to Early Childhood Education, Enhanced Pearson Etext with Loose-Leaf Version -- Access Card Package

Click the link under to download "Who Am I in the Lives of Children? an Introduction to Early Childhood Education, Enhanced Pearson Etext with Loose-Leaf Version -- Access Card Package" file.

[Download eBook »](#)