



# The Secrets of Happy Families: Improve Your Mornings, Tell Your Family History, Fight Smarter, Go Out and Play, and Much More

By Bruce Feiler

William Morrow Company, United States, 2013. Paperback. Book Condition: New. Reprint. 198 x 134 mm. Language: English . Brand New Book. The book that revolutionized our view of what makes families happy . . . Determined to find the smartest solutions and the most cutting-edge research about families, bestselling author and New York Times family columnist Bruce Feiler gathered team-building exercises and problem-solving techniques from the most creative minds--from Silicon Valley to the Green Berets--and tested these ideas with his wife and kids. The result is a lively, original look at how we can create stronger parent/child relationships, manage the chaos of our lives, teach our kids values and grit, and have more fun together. The Secrets of Happy Families includes more than two hundred unique practices that will help your family draw closer and make everyone in your home happier. It has already changed the lives of millions of families, and it can do the same for yours.



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