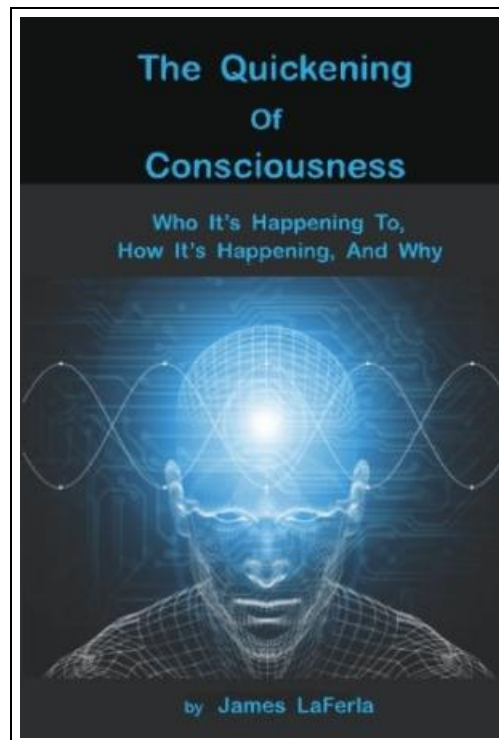


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Dynamicneuroplastic Mediation, United States, 2009. Paperback. Book Condition: New. 229 x 150 mm. Language: English . Brand New Book ***** Print on Demand *****.I could ask you to take my word, as the author, that is book will change your life, your relationship to yourself and others. However, I believe the reviews of those who have read it says it all. James LaFerla provides us a way to embrace life and those we love with joy, and to stop arguing with reality, and achieve happiness in the midst of chaos. This book enables us to live life in a way that provides us with an effective and simple way to cut through the tangle of delusions we wrap ourselves in each day. I would call the book revolutionary, and James wisdom as remarkable. As a doctoral student that is currently writing a dissertation in the field of family psychology I immediately related to concepts that our childhood experiences or conditioning are responsible for affecting who we are today. My interest spurred me to contact the author and check this out further. After a phone consultation I was amazed, and experienced an enlightenment that I now realize has changed my life. This has changed how I relate to my students with severe emotional behavioral disorders and my personal interactions with family. All I can say is. Amazing! After years and years of reading self-help books I finally found the one I have been looking for. I finally discovered why change had been so difficult. I saw that, unless I could somehow lift myself up to a higher level of consciousness, and as a result see myself more objectively, I could never do anything new. This book has the elusive it. It explains the relationship between past behavior, brain chemistry, why it s...



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