



## Sterling Book of Buddha and His Teachings

By Kingsley Heendeniya

New Dawn Press. Paperback. Book Condition: new. BRAND NEW, Sterling Book of Buddha and His Teachings, Kingsley Heendeniya, This is a unique presentation of the doctrine of not-self, the doctrine upon which the Dhamma was set rolling for more than 2,500 years ago. The author identifies misinterpretations of the Dhamma, that have lasted for 2000 years, to continue the work begun by his mentor Venerable Nanavira Thera, who became a cult figure after he wrote "Clearing the Path". This book provides the percipient reader an insight of the teachings of the Buddha, composed from Suttas and related texts, along with copious annotations for further study, and a glossary of Pali words used in the Dhamma - all written in a lucid style.



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