



Secrets of a Soulful Marriage: Creating and Sustaining a Loving, Sacred Relationship

By Jim Sharon, Ruth Velikovsky Sharon

Jewish Lights Publishing, United States, 2014. Paperback. Book Condition: New. 226 x 150 mm. Language: English . Brand New Book. Your partner can and should meet all of your emotional needs. All disagreements can and should be resolved. Great relationships require little maintenance. Old models of marriage such as these are crumbling. Divorce rates remain high. Many people are skeptical and mistrustful about having real love in their lives. It s clear people need new models to help them connect with each other in meaningful, lasting ways. It s time to break free from old patterns of commitment and to forge new pathways for healthy, thriving, deeply loving relationships. This hope-filled resource for developing soulful, mature love is aimed at committed couples who are looking to build, maintain and glorify the sacred in their relationship. It creates a context for couples to honor the gradual movement from physical flight-fight-freeze body-based survival to more heart-filled, communication-oriented love, to spiritual awakening and soul-purpose fulfillment. It encourages couples as individuals and as partners to let go of dysfunctional, hurtful, restrictive behavior in favor of liberating self-concepts and belief systems. It provides solutions for communicating and problem-solving more effectively, allowing each partner in the relationship...

DOWNLOAD



READ ONLINE
[2.57 MB]

Reviews

Very good e-book and valuable one. It really is packed with knowledge and wisdom I am just very easily could possibly get a satisfaction of reading a created pdf.

-- **Walton Haag**

The ideal publication i ever read through. It is written in simple words and never hard to understand. Your daily life span is going to be convert once you full looking over this ebook.

-- **Tanner Willms PhD**