



Aging Well: Living Long, Finishing Strong June Hunt Hope for the Heart Series

By June Hunt

Aspire Press. Paperback. Condition: New. This item is printed on demand. 96 pages. Introducing Aging Well, the new book part of the 42 minibook Hope for the Heart series with over one million copies sold. Aging Well shows how you can be a vibrant senior, one with grace and joy, no matter what your physical circumstances. This Quick Guide to aging well covers the issues that seniors face, defines the roadblocks and their causes, and shows steps to solution with biblical hope and practical advice. Features: Part of the bestselling Hope for the Heart series (Over 1 million copies sold) Biblically-solid. Discover more information and practical solutions straight from the Bible Features key scripture verses as well as counseling insights to help practically apply its message to your life ABOUT THE SERIES Look for all 44 titles in the Hope For The Heart Biblical Counseling Library. These minibooks are for people who seek freedom from codependency, anger, conflict, verbal and emotional abuse, depression, or other problems. Unlike other books and references on these topics, these 96 page quick-guide books use larger print, charts, bulleted lists, and an easy-to-scan format, helping you find the information you need fast! This item ships...



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